

CHASTITY TREATY



NONPROFIT MATERIAL. NOT FOR SALE.



CHASTITY TREATY

by Locked Morpheu

*What started as a few-pages project has taken on a life
of its own and has become the book you see.*

*I would like to dedicate this to my beloved friends: IG, Dom PC, Mestre Marcus
and Diego; thanks for your friendship and support.*

*Thanks to my dear Dom Barbudo for the encouragement, support and for the
suggestion of the name of this book.*

Also, thanks to the Brazilian Leather Community and my Locked Brothers.

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INTRODUCTION

When I started to get to know more about chastity, I realized that, even though you could find a lot of pictures, there was hardly any information about this fetish. That is why I decided to share the experience I have accumulated for almost three years about chastity. Everything I write here is a sum of my own experiences, talks to other adepts, research and information I've gathered from the internet. I am an enthusiast about chastity, not a specialist with definitive answers. Chastity is very personal and what works for one person might not work for the other.

My goal here is to inform and share in an easy and accessible way for everyone, from the curious to subs, Doms or men that take pleasure or have other goals with chastity.

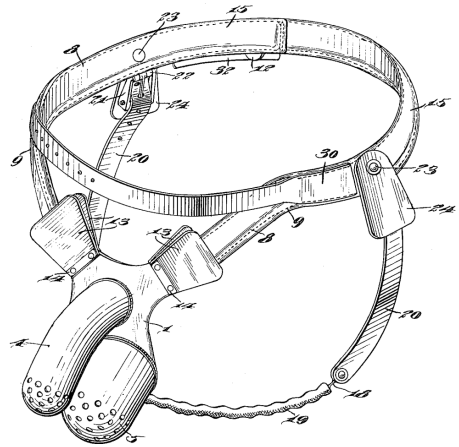
I want to make clear that I do not have a healthcare background and even though I talked to professionals in the field, the adepts of chastity don't usually reveal it to their urologist and I haven't been able to find any scientific study about chastity and its effect.

As of today, chastity belts are classified as sex toys and do not have any official regulation by agencies like the FDA or similar in any country. That being said, chastity devices are mostly considered safe if used within the bounds like any BDSM practice.



A BRIEF HISTORY OF CHASTITY

The word chastity is commonly linked in the imagination to Middle Age women using metal belts under their puffy dresses. This happens mostly due to the image portrayed in Hollywood movies and other popular media. Even though there are tales, there isn't any concrete proof of chastity devices being used at this period. The concept that maidens used chastity devices while their husbands fought in wars is considered today mere fiction. While it is believed that the chastity belt was created in the 16th century, there is no scientific proof of this. Artifacts from this period have been studied and dated as 19th-century fabrication. They were taken from Musée de Cluny in Paris and the British Museum of London among others, due to the doubts about its authenticity.



Patent by Jonas E. Heyser

From the 18th century until 1930, masturbation was considered a psychological disturbance by occidental medicine. Many medical journals mention the use of chastity belts to prevent masturbation by girls and women. There are also registers from the US patent office from this period. Women used these devices in their majority as an imposed form of sexual repression with heavy religious influences, with women and their sexual desires always linked to the corruption of society.

In 1930, masturbation was taken off the list of mental illnesses, but still to this day it is considered taboo by a big part of society.



Image M.S. Rau Antiques

Today chastity is used as a pleasure tool associated with, but not limited to, the BDSM scene. Male chastity is currently more common than female chastity; it is used in play scenes or long-term use. The practice can be initiated alone or consensually with a partner, either man or woman. Men of any sexual orientation use and enjoy chastity.

Due to the growing demand for chastity devices, we now have a wide variety of models and sizes to choose from. New and improved models are developed and put on the market constantly. There is also the custom-made industry that promises more comfort for long-term chastity.

Male chastity is attracting more followers. Subs find that it enhances submission, and Doms take pleasure in locking their subs and taking control of their masculinity. There are also those who use chastity in a non-sexual



Pablo Calle

way. Chastity can be used to avoid masturbation, be it to accumulate testosterone to gain muscle mass, to lose weight, or to help men with low sperm count have a better chance for reproduction.

Like many other accessories used in BDSM, chastity devices started as a way to control women and their sexual desires, but have become a way to control men and their masculinity instead.

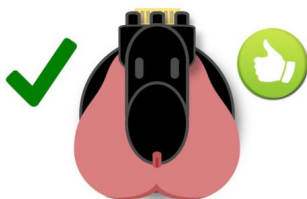
WHY CHASTITY

Before listing some key reasons, let's emphasize that chastity encompasses more than just caging a penis. Submissive men with great self-control can be perfectly chaste through obedience alone, a very impressive feat. Dominant men may also prefer a sub with a useless penis; be it by caging or pure obedience here are some reasons:



Ownership: It reflects someone's ownership over your body. He decides when it's right for you to climax. Your orgasms are secondary. It is about the fact that you have ceded control over them to the man who owns your body. He can decide to have you beat off on a whim or deny it for discipline.

Arousal: Chastity will make the submissive unusually horny. Being unable to release that sexual tension makes him sexually charged. His feelings of sexual attraction are revved up, and he becomes more open to new sexual experiences. Locked, he will feel more like a sexual person than when he was free.



Realignment: Chastity leads to drastic changes in sexual behavior. Being unable to jerk off leads to exploring other forms of sexual activity, such as focusing on other body parts.

Self-Control: This is particularly true when chastity is achieved through pure obedience. For those unprepared for this leap, who cannot control their own urges, a cage is needed. The keyholder can help teach the virtues of chastity, to the point where the submissive is able to learn self-control. Admittedly, some may never reach that point and may need to remain caged.



Pablo Calle



Role Clarity: Being in a relationship characterized by well-defined and contrasting roles - Dominant and submissive, alpha and beta, top and bottom. Sublimating a defining trait of masculine identity - seeing your penis small, limp, and useless except to urinate - is psychologically potent. It helps the submissive focus on serving his obviously more masculine partner, both in and out of bed. The locked penis is clearly not a sexual organ, focusing the keyholder's attention on another body part of the submissive.



Testosterone Build Up:

Using chastity to end any chance of masturbation that leads to orgasm. Without ejaculating for long periods of time will raise the testosterone in the body. The excess of testosterone in the body is used, with training, to gain muscle faster than usual. In this case, chastity is used without a sexual means.

Shrinkage: Submissive men that desire their penis not to have any function other than urinate, also may want the penis to shrink by the lack of erections and by the use of small cages. The adepts of shrinkage make use of progressively smaller cages to achieve this goal. The process may take a long time, and takes dedication to reach the desired size, but it reaffirms his role as a submissive.



The above text is based on information gathered on the internet from an unknown author and it has been changed, complemented and adapted.

STAGES OF CHASTITY

Many men, when finding chastity, talk about stages of feelings and ideas that chastity has on them. Through research, I found out this happens to almost every man that has an attraction to lock up. Even though the experience of chastity is unique from man to man, the stages listed below are shared by those that chose chastity.

The text below is based on information gathered on the internet from an unknown author.



Stage 1: You found out about chastity and are surprised by how much it turns you on. You scroll through pages and pages of chastity porn on the internet every day and jerk your cock to it. You have been jerking off constantly since your years as a horny teenager and can't even imagine stopping for a single day – but the thought still turns you on. Doesn't mean you would really do it, right?



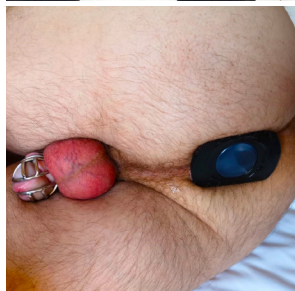
Stage 2: You've been looking at this stuff for months and have reluctantly accepted that it is something you like to jerk off to. But you still have resisted the urge to dive into it for real. It's only when you're online and horny that you think about buying a cage. Lately though, you try not to jerk off for a while. A day or two is all you can manage but it feels so exciting to be horny all the time. It's a nice balance of living your kink and not really going all in.



Stage 3: You've done it. You bought the cage. The moment you hit buy, you were already worrying about it. But the excitement is bigger. When the package arrived, you immediately tried it on. It makes you feel so sexual, wearing the cage. You wear it quite often when you are alone and looking at porn. It feels so hot to strain against the cage. But still, you aren't going all in. You take it off after a few hours. It's just a fantasy that you engage in sometimes.



Stage 4: You have progressed to wearing the cage several days at a time. You understand now how the others are doing it. You even wear it when leaving the house, feeling the weight as you pass people on the streets. The thought makes you hornier than ever. But you are still mystified by the people that lock for weeks or months at a time. That seems simply impossible. You know that it will be an occasional thing for you. The longtime thought is sexy but simply unrealistic.



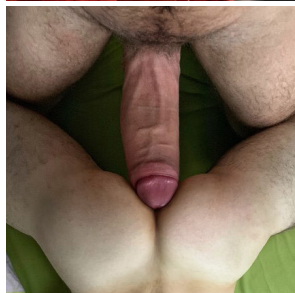
Stage 5: You started exploring the thought of playing with other people while in chastity. Before it had been your personal, little fantasy but now you are open to sharing your kink with some buddies. Playing around while locked is such a mindfuck. Having something in your ass makes you strain in your cage so hard, leaking tons of precum. You are so into it that you want to be locked longer. Maybe your friend could help you by holding the key?



Stage 6: Chastity is a regular part of your sexlife. You have buddies that know about it and encourage you to lock up. Sometimes you even find a keyholder that pushes you to keep getting locked longer and longer. Meanwhile, they get to enjoy your increased libido by using you to get off. The agony of being locked and getting to suck all those cocks is almost too much but in reality, you love it. You are kind of sad whenever you are unlocked. But you know it's necessary.



Stage 7: You are in chastity for weeks at a time now. Your newest keyholder is really into the idea of training you to stay locked for months or even indefinitely. You are slightly nervous about it but it turns you on like nothing else. You love it when he fucks you while your locked cock bounces up and down. You enjoy bottoming more than ever before and you prefer it to having an orgasm. It just feels right to be locked and to get used.



Stage 8: The thought of unlocking no longer seriously crosses your mind. Sure, sometimes you feel like jerking off but deep downs you know that isn't the right thing for you to do. Instead, you get a toy or find a good dick to take deep inside you. Lately, you are buying smaller cages for yourself since you like the look of your small, insignificant dick. Maybe you'll learn to cum from anal, maybe not. It doesn't matter. You are meant to get fucked either way.

CHASTITY DEVICES

The devices used today are commonly known as chastity belts or cock cages. Even though most used devices are not actually a belt strapped around the waist, it is acceptably to call them by their abbreviation, CB. The CB can be used from small periods of time or for longer-term use depending on the model. For longer-term use, it is necessary to consider the physiological necessities, health and the need to clean the penis and the device itself. Here is a list of some models:

Leather

The leather CB's are most commonly used for small periods because it is hard to maintain a normal routine with belts made from this material.

Shorts: Shorts made of leather where there is a belt around the waist and the thigh that is locked. This prevents direct access and contact with the penis, but it is still possible to stimulate the penis over it. A Partial erection is still possible. In front, two zippers can be opened to allow access to the penis



Sack: It is made of a leather cockring around the penis and the testicles and a sack that goes over then and locked in the ring. A partial erection is possible and you can indirectly stimulate the penis.



G String: Used as regular underwear with a hole to pass the penis and testicles. The penis, normally full or partially erect, is tied down with leather stripes. Commonly used in play to tease more than chastity itself.



Carrara Type Belts

Most visually impressive, these models are the image that comes in mind when thinking about chastity belts. It consists of a cockring around the penis and testicles, a cage to hold the penis and a metal plate that holds everything together and denies any access to the penis, making stimulation impossible. A metal belt goes around the waist and between the gluteus, locking the device in its place. It is considered the most effective in holding the erection and preventing any intentional stimulation, but on the other hand, is difficult to keep the penis and the anus clean. Since it is a big device, it may be difficult to adapt to long periods of use. Most are custom made and come with a high price tag. Even though there are other companies that make this type of belt, they are known as Carrara because they are the most known manufacturer.



Pictures Carrara Design www.carrara-designs.be

Cock Cages

It is the most common type used today due to the low cost; they are easy to find on sites or in sex shops. Even though you can find many pre-made models you still can find many companies that sell custom made cages, which can cost over one thousand dollars. The CB is mostly small and discreet and can be used under regular clothes without raising any suspicion. Ideal for longer-term to indefinite use. Most of them are variations or upgrades of other ones. It can be made of plastic, metal or silicone.

Cup: In the shape of a sports cup, this cage has rings that go around the penis and testicles; the penis is pushed inside the cup and locked by two locks. Due to the fact it is closed off and has a shell, the chance of stimulation is very low. It needs frequent cleaning due to the fact it is easy for urine drips to accumulate inside the cage. Many users complain that the device is uncomfortable to use while doing day-to-day activities due to its size.



CB6000: One of the most known cages in the market and frequently the first belt of many users. It is made by many pieces that facilitate passing the testicles, especially in small size rings due to the “C” format of the rings. The big complaint of this model is the squared shaped ring, making it difficult for the skin to move, especially under the testicles, causing great discomfort during night erections. In the first models, the rings were also hollow and the skin usually got in this space causing pain and discomfort. Many users use to solve this problem by filling these spaces with silicone. Few people adapt to this CB model. The size and shape of the cage itself make it easy to spot under the clothes, especially tight ones. In the metal version, the “squared shaped” ring was changed to a rounded ring. You can also find generic versions made of silicone.



CB3000



CB8000



Pablo Calle
CB6000



Pablo Calle
CB6000 Silicone



Pablo Calle
Rings CB6000



Pablo Calle
CB6000 Metal

Holy Trainer: Considered one of the best belts current in the market. Many other belts use some of its concept that were created and perfected by the manufacturer.



Version 1: Released in 2011, it was already an upgrade of the belts available in the market. The “bend” belt follows the natural lines of the body and changes the axis of the device. This makes the penis to stay close to the body during erections. The original ring had the same problem of being hollow inside, just like the CB6000. There is a space that houses the lock that closes the device, so the lock does not move during the use.



Version 2: Released in 2014, it is an evolution of the previous model. The ring now is solid and round all around; the cage is more curved and, together with the new positioning of the lock mechanism, the erections are directed to the body even more. The traditional lock was replaced by a lock mechanism that takes less space, making the CB even more discreet.



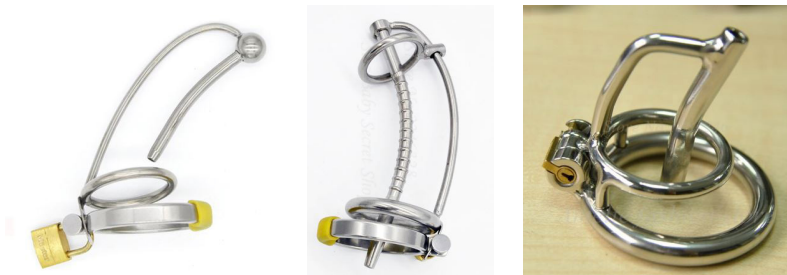
Version 3: Released in 2018 with even more improvements. It is noticeable that the maker of this cage took into consideration the feedback from its users in every detail. The cage is even more curved and bigger to house the majority of the penis inside it, which helps to hold full erections. The cage has a better finish that makes it more comfortable against the skin, especially at the base of the penis. The lock mechanism now is placed in the middle of the cage, helping even more to hold erections.



Other Devices



Sound Type: This model holds the penis only by the urethra, without a structure around the penis itself. The sound placed inside the urethra holds the penis in its position. Even though it is easier to clean the penis, the device needs to be taken off more frequently to clean and sterilize the sound. Many users do not get used to the sound constantly inside the urethra and give up using it due to discomfort or an eventual infection of the delicate urinal system.



Other Devices



PA Type: This is one of the most different types of cages. It does not have a ring, which avoids the testicles being pulled during erections. On the other hand, you must have a PA (Prince Albert) type of piercing. It needs to be fully healed and wide enough to pass the lock device. The cage goes in the penis glans and in part of the phallus. A lock device passes through the PA hole making it impossible to pull the penis out of the cage. A partial erection is still possible but the cage limits the flow of blood that the glans and the phallus would hold and you cannot directly stimulate them. It is possible to masturbate, but the feeling is not the same. The lack of stimulus on the glans usually causes a ruined orgasm when you cum.



Other Devices



Custom Made: Some manufactures can make custom cages and belts (Steelwerks, Carrara, etc.). The models may vary and can even be made in resin by a 3D printer, steel or more resistant material like titanium. Due to the high cost, it's recommended that the user already has some experience using other cages. The custom-made CB can be a similar model, so the body is already used to it.



Model "The Classic Supreme" from Steelwerks



Model "The Creature" from Steelwerks

Pictures property of SteelWerks www.steelwerksextreme.com

The majority of the cages are generic and don't have a brand or model name, being found on the internet only as "cock cages". There are a variety of models, some closed-off, some more open; made of metal, plastic or silicone. The sizes vary from big to "nubs", to supply the demand of some users that want to use smaller cages to shrink their penis. Cock cages can be easily found in the market. New models are always being released in the constant search for more comfort during longer periods of use.

Other Devices



The type of material you chose is a personal preference. Users that are constantly flying or going to places with metal detectors, can choose plastic or silicone CB to avoid problems going through airport security. The metal cages are usually more open and easier to clean, even without having to take it out. They are also an option for men that have allergic reactions to plastic, silicone, or from their own sweat and body secretions. There is not an ideal CB for everyone, it's a personal use item that needs to be tested and used until you find the one you feel comfortable with. It is normal to try many models until you find the one that fits and give you the right chastity experience. The important thing is not to lose focus and get discouraged when a specific model doesn't work for you.

Based on some experiences, I recommend looking for a “bend” ring and a cage that is curved. For longer locking periods, cages that are more open to facilitate cleaning are recommended. But, of course, that is not a rule for everyone.

Other Devices



CB with Bluetooth lock Quiutoy
www.qiutoy.eu

ACCESSORIES

Listed here are the most common accessories you can use together with the chastity cock cages.

Hard Cockring: Made in metal or silicone, can be used together with the CB by aesthetic and/or security purpose or linked with anal plugs. You must be aware of the fact that the cockring is another restriction and can make it difficult for the skin under the testicles to slide during erections. It is not recommended using elastic rings during long periods due to the restriction of blood flow.



Belt: A belt made of leather or other material with pressure buttons in its extremities. Wrapped around the waist and passed on the sides of the cage's ring to support it in place. Most commonly used with metal cages due to the fact that the weight of the metal can make the device slide out of its place.



Ball Stretcher/Weight: Can be used together with the CB to stretch the ball skin. It can also be used to avoid the testicles to slip up and painfully escaping the CB ring.



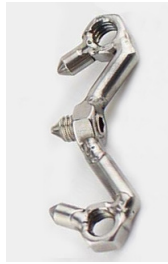
Sound Probe: A plastic or metal tube inserted in the urethra. Used for adepts of sounding fetish or to facilitate urination. The tube must be constantly cleaned and sterilized to avoid the great risk of a urinary tract infection.



Anti-Escape: Some of the most known cages have an accessory made to avoid the possibility of pulling the penis out of the cage while soft. Usually made of little soft plastic tubes that will hook in the glans, causing discomfort or even pain if you try pulling it out.



Anti-Erection ring: This is a metal ring adapted for some models of CB with three or more thorns. It stays in the base of the penis, between the ring and the cage. Inspired by the Kali's Teeth device, it causes pain whenever an erection happens. Used to make the body to link pain to the act of having an erection, training the mind to stop causing them. The pain caused is not light and it is advised to keep that in mind for its use in long periods because of the risks it brings.



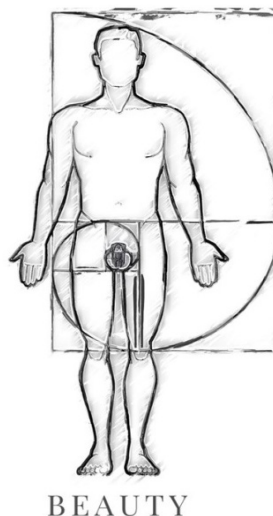
Kali's teeth

PA lock: Many adepts of chastity decide to make a Prince Albert piercing so they can lock the glans in the tip of the cage, avoiding any possibility of pulling the penis out. This lock can be made using a regular piercing or a locking device made for this purpose. Be careful and only use items made of the proper material for this use, like surgical steel or other material proper for piercing. It is also important to be aware of any allergy that the material may cause. Keep in mind the space between the tip of the cage and the glans of the penis, because there is usually a retraction of the penis in some position, such as sitting, and the piercing may pull the glans too much and cause pain.



WHERE TO FIND

Cock cages can be found easily on websites like Amazon and eBay in the USA or Europe. However, in most countries, it is difficult to find a local vendor for CB. Even hard to find, it is most common to find the CB6000, the Holy Trainer or some generic metal cock cage. The price may vary from country to country, but usually, they are not cheap. A Holy Trainer V3 cost around US\$ 165,00 on the official site, plus taxes and delivery fee.



"Chastity is a sexual preference and when you finally discover who you are, you never second guess yourself, you will be free."

One option today is Chinese sites like AliExpress. There you can find many types and many variations of the same belt with attractive prices. One problem with buying from China is the time it takes to arrive and it may be stuck in customs and/or have extra delivery fees by local post offices depending on the country. The package is usually small, the price is very low, and there is a low probability of extra taxes. Be aware of the quality and material and if you have any problem with it, open a complaint with customer services, which usually result in a refund.

You must be aware while buying, that the majority of the plastic cages come with many ring sizes (usually 4 sizes), but the metal ones come only with the size you choose when purchased. There are also the options of buying only the ring, cage or the lock device for some models.

For custom-made CB, be ready to pay the price for customization, delivery fee and taxes. There are many makers of custom CB, but two of the best are Steelwerks and Carrara.

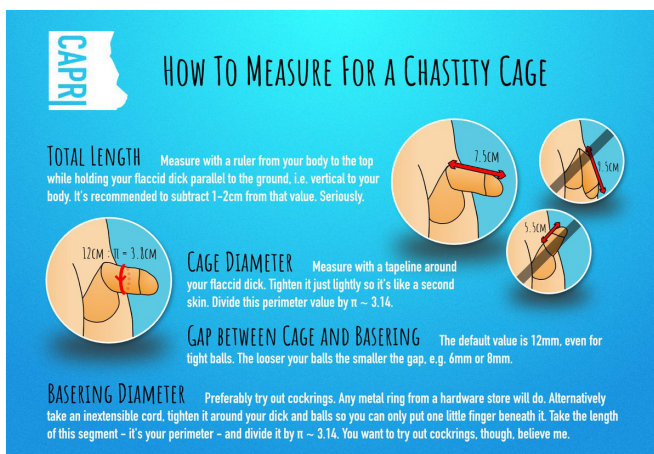
HOW TO MEASURE

Some CB can be custom made, but most are pre-made and it is necessary to know the ideal size to buy them. You will need to know the cage and the ring size.

Ring: Get a piece of string around 20 cm (8 inches). Wrap it around the penis and testicles like a cockring. Tie it once, but make sure it's not too tight, you need to be able to put your little finger under your ball. Stay like this for a while and make sure the blood is flowing normally and the string is not too tight. Make sure the testicles are not getting purple or cold (an indication that the string is too tight). Try not to be excited and if you do, wait for the penis to be fully soft again. After that make a double tie to be sure it will not come out, then cut the string. Take this measurement and divide it by 3.14 to find the diameter of the ring. The value must be around 4.5 or 5 cm, but it may vary for everyone. It is recommended to get the ring size immediately under the value measured (example: measurement 4.8 cm, you should choose the 4.5 cm ring and not the 5 cm ring). If you use a hard cockring frequently, you can use its size for the cage ring as reference.



Cage: This one can be a little tricky to get because it is easy to have an erection while trying to do it. It's very important to do this while the penis is totally flaccid. Have the patience to do this correctly so you buy the right size. While totally flaccid, use a tape to measure the distance from the base to the tip of the penis. From this value, subtract 1-2 cm to find the base size of the cage. It's very important not to push or pull the penis while doing this. Wrap the measuring tape around your flaccid penis to measure its thickness. Divide this value by 3.14 and you will find the diameter of the penis. These are the two values you need to have in mind while looking for cages. The cage should be able to hold the whole penis while flaccid. This way the majority of the penis should be inside the cage while having an erection and make sure you can't pull it out of the cage. There will be differences between the value measured and the manufactured size. You decide if you want a cage slightly loose or slightly tight.



Now that you have your measurements it is time to look for a cage. Keep in mind that there isn't a standard size for all cages and each model has its own size chart (Example: A size small in a model may be equivalent to a standard size in another model).

LIVING IN CHASTITY

Living in chastity should not change much of your daily life. Many men live in chastity every day without raising the suspicion that they use a chastity device under their clothes. The ideal belt/cage should not be visible under the clothes and the chaste should act like any other man in public. Few things should change and need the attention while in chastity.

How to put the cage: This can be a tricky job. It's highly possible that you get hard while trying to put the cage on, especially for the first few times. There are few men that can control their erection on their own. Ideally, you should put on the cage while the penis is flaccid, so each one will have to find their own method to control their erection. Some think of their grandmother, others do complex math in their head while others use ice to keep soft. To some, staying calm and waiting for the erection to go down is also an option. Masturbation is an effective way of getting flaccid quickly, but this may cause the libido to go down and you may lose the will to lock up.



For the CB with a closed ring, you put it like a regular cockring. Many men put the testicles first and then the penis, but there is no right or wrong way of doing this. Pull the penis and testicle skin to make sure the ring is as

close to the body as possible. You can use baby oil or moisturizer to help the ring to slide easier too.

The cage can be tricky to put on at first but, in time, it will get easier to do it. You can simply put the penis in the cage and push it inside, while fitting the base of the cage into the ring. Use the finger to help push the penis until it reaches the tip of the cage. Baby oil can be used to help the penis slide in closed models. In open models, you can use cotton swabs to help accommodate the penis inside the cage. Another known technique is to put the penis inside a thin plastic bag or a thin sock or pantyhose and pull it to accommodate the penis in the cage. It is important that the penis fills the entirety of the cage and the glans get into the tip of the cage. For men that have a foreskin, it is important that it stays over the glans, as it naturally would be.

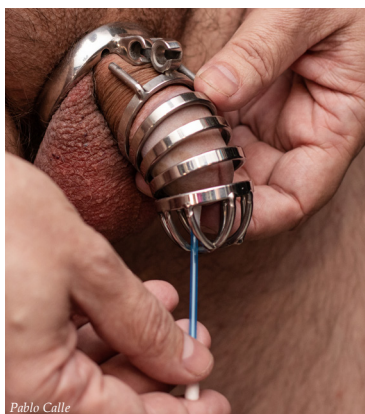


Night erections: Considered the biggest enemy of chastity, many give up because of it. It's a natural reaction of the male body and it happens 3 to 5 times during the night in a healthy man and it is considered stronger than the erections caused by erotic excitement. There is not a way to completely avoid it from happening, but you can do things that will help it happen less often and minimize the discomfort when it does.

One cause is going to sleep with a full bladder. It will make pressure on the prostate and may cause an erection. Urinate just before sleeping, or in the middle of the night, may help avoid this from happening. To minimize the discomfort, you can pass baby oil or any oil-based pomade in the ring

and in the skin just below the testicles. Pushing the ring away from this part, making a little bag of skin in this area, leaving a buffer of skin so the ring won't pull so much during erections.

Using the right cage with the right size ring is the best way to get through the night. You may need to test many cages before finding your ideal one. Eventually, the body gets used to being locked and the night erections will diminish in intensity and frequency, or you will get used to the feeling to the point it will not bother you anymore. It's important that you don't let this frustrate you and make you give up your fetish.

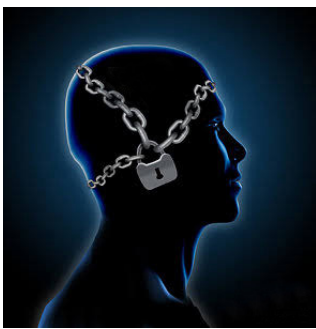


Cleansings: It is very important to keep the penis and the cage always clean. Open models are easy to clean and sometimes don't need to be taken off to do it. In these models, you can use a cotton swab and liquid soap. For the more closed models, it is important to keep an eye and figure out the frequency it needs to be taken off to clean. If you have a keyholder, the frequency should be previously discussed. On

the set date the keyholder, they can take the cage off and supervise while it's being cleaning and dried. He can lock it up right after. This way the chaste won't lose the focus of chastity or try to masturbate.

Pubic Hair: Even though many Doms like submissive men shaved, there is no problem having pubic hair to be in chastity. Sometimes the hair may entangle in parts of the cage and pull, but nothing that will spoil the experience. This should be something discussed and agreed between the locked and the keyholder if the body hair will be natural, trimmed or shaved.

Urinate: When giving up his masculinity through chastity, the chaste also gives up some privileges reserved for alpha males. One of those privileges is urinating standing up. Without the control of the penis, the skill necessary to urinate standing up is lost and trying to do it will only cause frustration due to the lack of control of the urine stream. As part of the mental training of chastity, the chaste has the obligation of urinating sitting down. This doesn't have to be seen as something bad, but a way to separate the alpha males from those that chose submission. In places the chaste feel is clean enough, he should always urinate sitting down. In public bathrooms it is not advised to use the open urinal, because of exposure in a possible hostile environment. Choose to use the close cabin. While urinating standing up while locked, it is common for the stream to go everywhere. Very few chaste are able to align the opening of the cage with the exit of the urethra to the point they have control over the urine stream. There is also the option of using a sound probe that helps direct the stream, but the risks must be considered before using it.



Reaction: The more time locked, the mind of the chaste will transform and adapt the behavior. The libido rise is noticeable in the first few days. The desire to masturbate will grow to the point of giving up only to have a few seconds of pleasure in an orgasm. Between 7 to 15 days, the rise of testosterone in the body may cause irritability and aggressive behavior. After this period, the chaste will get used to being locked and chastity will be part of his normal life. After 30 days, chastity no longer is a strange thing and the idea of being locked for longer periods is not intimidating anymore. It is important to differentiate the physical and psychological reactions from the desire to have an orgasm. To the submissive that keeps strong, the reward is worth more than any orgasm.

KEYHOLDER

Chastity is a fetish that can be practiced alone. The submissive man can lock himself and control the need to unlock and cum.

But it is undeniable that having a keyholder makes it much more meaningful. The keyholder is the person that will stay with the CB key and hold the control over the chaste penis. It can be a Dom, Master, Owner or a friend that likes the power that having someone in chastity brings. The important part is that the keyholder understands the power that being locked takes on the submissive.

Chastity needs to be something that both can have pleasure with. Even the submissive forced to stay locked has to take some pleasure in it. In the case of the submissive that accepts chastity, that means he is open to giving up, to someone that he considers superior, the control of his own masculinity. He is accepting that he is an inferior man and doesn't have the same right to have an erection and cum like an alpha male. The submissive puts himself in a self-imposed position of subservience and accepts his role as the one that must serve the keyholder.



The keyholder must understand the importance of being locked and everything it implies. Once accepted the gift of chastity, the keyholder also accepts some responsibilities. Once the lock is closed, the penis is no longer the submissive's, it now belongs to the keyholder. Both have the responsibility of taking care of the health of the locked penis. They must keep a critical eye on the body's reaction, especially in the first days after locking up. Make sure to check for possible allergic reactions and bruises and also set a schedule for

cleansing as needed. Pay special attention to the night erections, because that is when the cage can be most uncomfortable and painful. Make sure that the submissive feels your power over him is greater than any discomfort he may have. Be it in a humiliation or fraternal relationship.

Psychologically the submissive will start in a state of euphoria mixed with fear. Each passing day will make him hornier with sexual desires. Between 7-15 days, you may see some irritability due to the rise of the testosterone level accumulated in his body. It is part of the keyholder's job to understand it and act as the relationship established previously with the sub. After this period, the submissive will get use to the cage and to be horny all the time. This will turn on the desire and need to serve the demands of the keyholder at any time.



Pablo Calle

For those starting in chastity, is best to stay locked progressively. Start with a few hours, then a day, then a weekend, then a few workdays to get use to wearing the CB before trying to stay locked for longer periods.

As studies have shown, cumming can be healthy for the prostate by lowering the risk of cancer. If the submissive still cannot cum it is recommended to use anal stimulation as a way to clean the prostate liquid. The chaste can go through a milking session when the orgasm may or may not be achieved. The keyholder may choose that the chaste will only have a ruined orgasm (where there is no orgasm together with the act of cumming; no pleasure while cumming). There is also the option to use electro stimulation

or the use of a massager device to provoke the orgasm.

The locked sub, be it by hours, days or longer term, should be handled the same way. Each one has their own time being submissive and the keyholder needs to be aware of that.



The keyholder should always be available to the submissive in case of emergencies. The plastic cages may break and the metal ones trigger metal detectors. Always keep in mind the submissive needs to live a normal life and not suffer any embarrassment or unwanted humiliation because of the fetish. The chaste needs to have direct contact with the keyholder or have an easy-access emergency key. Those keys can be put on a box locked with a password that the keyholder can give as needed, or even programmed in an

automatic e-mail. Another way is to put in a tube locked with a numbered plastic lock. Whatever you chose to do it, the submissive need to always be aware of the consequences in case of unlocking outside of an emergency scenario.

Remember that when you agree to be a keyholder you are agreeing to take over this part of the chaste's life. You will have a responsibility that should be weighed before accepting this gift.

HEALTH CARE

Urologists do not study the use of chastity belts. Be it by the lack of interest or for shame/fear of its adepts. I have not found any scientific study about chastity and its effects. The Cock Cages are categorized as sex toys and don't have any inspection by the health organizations of any country. Having this information in mind, it is up to chastity users and/or keyholders to keep an eye open for the chaste's health. It is important to make sure the use of CB brings pleasure to the chaste and the keyholder and at any point should not put the health at risk.

Buy the right size belt, don't force the use of a small ring or cage. For the adepts of penis shrinkage, there is a period of adaptation and the resizing of the cage should be gradual to reach the goal.

When using a metal cage or any metal accessory that will be in direct contact with the skin, make sure of its quality and that they will not rust. In case of any sign of rust, stop the use immediately.

Be vigilant of spots, bruises or excessive peeling of the skin. Especially in the area between the testicles and the perineum. Due to the ring use and movement, it is common for this area to be slightly red and that more dead cells show up, but at any moment, this could turn into a wound or inflammation. In case anything feels strange, immediately stop the use of the CB and let the skin heal. Rethink the size of the cage and ring or try another model.

Stay alert to possible allergies that may occur due to the use of the cage, especially in closed models. If the skin cannot breathe, together with natural secretions and drops of urine that may stay in the cage, may be a bad



combo, especially for men with foreskin. Be aware of the natural color of the penis skin and keep a schedule to clean it whenever you feel it needed.

The cock cages, even though a form of control, can hold the erection to a certain point physically. But it's big effect actually is psychological, because when using the cage, the chaste puts himself in a submissive state when he gives up the ability to have an erection and an orgasm through masturbation. Some users report that after a while of using the cage, they get only partial erections or don't get them at all. Because there are no studies about the fetish, most likely this had a psychological root than any actual physiological factor.



Take care of the health of the prostate. It is important to release the precum from time to time. In which case, you can get it through anal stimulation. You can try milking, electro, ruined orgasm and other methods, but it is important to clean this liquid from the prostate.

Remember that health comes first to any fetish or sexual practice. The chaste health and its penis must always be the priority. If you feel there is something wrong, listen to your body and stop the practice until you find out and understand what is wrong. Both the chaste and the keyholder have this responsibility. The keyholder should always be ready to listen and to pause or stop the fetish at any sign of risk to the health.

LOCKED FLAG



Chastity is a fetish that is growing more and more around the world. Different from other fetishes, it is more personal and usually stays between the chaste and the keyholder and eventually internet photos. There isn't something that gathers all chaste together as it happens with the Leather Community, even though some share the same fetish.

With the goal to unite all chastity adepts, I took the liberty of creating a flag to make us feel we are part of a collective. Flags always symbolized the union of people with something in common, that unite in one objective and a feeling of belonging. The Locked Flag concept came from the fact that no known fetish flag represents the chastity adepts, because it is normal not to share this fetish with others even in the BDSM universe. That's why I wanted to do something specific that chaste can identify with.

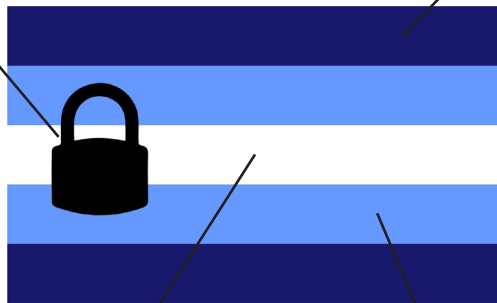
The design came practically in a dream, in that moment when you are not fully awake, not fully asleep and the thoughts go unconscious through your mind. After trying with different concepts and color, the final flag ended up almost to the original concept.

The flag was first presented on May 10th of 2019, in the twitter account @lockedmorpheu and since then many adepts are using it in their profiles.

The flag and its meaning are all representative of masculinity, since today it is mostly used by males, been then heterosexual or homosexual.

Dark Blue: The outside lines represent the masculinity perceived by society. All men are seeing like alphas at first glance.

Lock: Represents any form of control over the penis, be it physical or psychological.



White: The central line represents the submissive locked in chastity. The nullification of the penis as a sexual organ.

Light Blue: The second layer of lines show the true face of the chaste, when you can see the true nature of the locked man, inferior to other men.

The Locked Flag, like many other fetish flags, represents the adepts and the keyholders. It has been suggested a flag only for the keyholders or for the puppies that use chastity, but even though I had worked in a concept like this, I decided that making another flag would only divide the community and weaken the original goal of union. We want to spread this flag and make the chastity community stronger.

I want to thank the support I'm receiving from locked men and keyholders around the world.

FINAL WORDS

With this guide, I hope I have helped to spread a little more awareness about chastity belts/cages and the erection/cum control fetish. There is still a lot more to learn about it, since it can be different from man to man and many manufacturers are constantly investing and releasing new models. Nothing here is an absolute truth, only what I went through and learned from others.

Chastity is an immense gift that the chaste gives to the keyholder and it is important that both understand it.

People are learning about chastity more and more each day and I hope it will not be something people think is strange anymore and it becomes a part of the submissive life.

The search for the right cage, the trial and error, can be frustrating to the point that it doesn't feel like it's worth the effort. But if being locked is something you really want, that turns you on, the lifestyle you want to have, don't give up. Try as many cages as needed, stay locked as much as you can, talk to people that share this fetish with you and don't lose focus. When you find the right belt/cage and can be in the right state of mind, you will see it was all worth the effort. You will feel full and happy in the lifestyle you chose.



LINKS

Twitter:

@LockedMorpheu

@Ig_locked

@cagedjock

@capreolis

@ExposedChastity

@AwakeningDom

@dale8414

@Cagedsubboy1

@live2please00

@m_p_chastity

@lthrbttm4u

@steelwerks

@Behindbarzbelts

Sites:

<http://malechastitydevices.com.au>

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https://en.wikipedia.org/wiki/Chastity_belt

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